



***McCracken County Cooperative Extension
July 2024 Events***

McCracken County Extension Office

2025 New Holt Rd | Paducah, KY 42001

270-554-9520 | mccracken.ext@uky.edu



KENTUCKY  
COOPERATIVE EXTENSION

UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT
KSU COLLEGE OF AGRICULTURE, COMMUNITY AND THE SCIENCES



Adults 18+

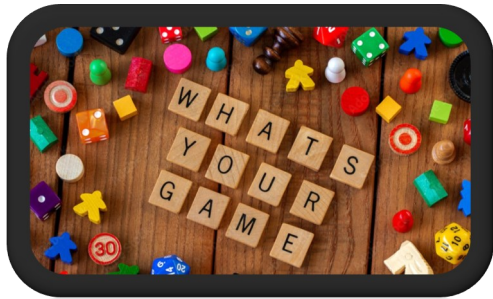
Game Day

Tuesday & Thursday | July 2nd & 18th |

9am-12pm

Meets on the 1st Tuesday and the 3rd Thursday of every month.

Game Day welcomes all adults ages 18 and above. Whether you're a seasoned gamer or just looking for some friendly competition. Grab your friends and family and bring your gaming spirit!



Adult Sewing

Tuesday | July 2nd, 9th, 16th, 23rd, 30th |

9am-11am

Meets Every Tuesday

Whether you're a seasoned pro or just starting, you're welcome to attend. Bring your own project and join us on Tuesdays.



Toolbox: Fairy Garden

Tuesday | July 2nd | 5pm-6pm

RSVP Required –Class is Full

Mary Dossett, Horticulture Agent, will be teaching the public how to make a fairy garden. There is currently a waitlist for this program. Call our office to be added.



July 4th Office Closed



District Board Meeting

Monday | July 8th | 11am-12pm

Meets on the 2nd Monday of every month.

Please join us at our next District Board meeting! The meeting is open to any community members that are interested in making an impact in their community. To attend, please **RSVP** by calling our office at (270) 554-9520; a meal will be provided.

Tech Class: Photo Editing

Wednesday | July 10th | 10am-12pm

Most digital /phone cameras and places to store your photos online have easy ways to edit your pictures. A few simple steps like cropping or creating a collage can make a big difference in your photos.



Global Kitchen Experience

Wednesday | July 10th | 5:30pm-7pm

or

Wednesday | July 31st | 10:30am– 12pm

Join us for another Global Food Experience featuring Lebanese culture and foods. Participate in preparing authentic Lebanese Tabouli Salad.

Limited participants-registration required



Canning Workshop

Thursday | July 11th | 9am-2pm

RSVP Required-Limit 15

Water bath and pressure canning taught by Angie York, FCS Agent in Lyon County.



Dining out with Diabetes

Friday | July 12th | 1pm-3pm

Discover how to navigate restaurant menus and make healthy choices while managing diabetes. This informative session is open to all, but **registration is required** to secure your spot. Reserve your spot today by calling 270-554-9520.



RSVP Summer Health Fair

Friday | July 12th | 9am-11am

Call Rhoni or Mary 270-442-8993

RSVP Summer Health Fair



Join the Retired & Senior Volunteer Program (RSVP) and The PADUCAH-MCCRACKEN County Senior Citizen Center as we celebrate **SUMMER** with a **FREE Health Fair** for our local Senior Citizens.

Bags of Love

Tuesday | July 16th | 9:30am-1:30pm

Meets on the 3rd Tuesday of every month.

It's My Very Own provides "Bags of Love" to children in our community who are displaced. Join this group as they sew handmade bags to hold contents for children's immediate needs.



Scrapbooking

Wednesday | July 17th | 9am-3pm

Meets on the 3rd Wednesday of every month.

Everything you always wanted to know about scrapbooking and paper crafting. Bring your photos, scissors, and your favorite adhesive. If you don't have scissors and adhesive, we will provide. Beginners and advanced scrapbookers welcome!



Needlework Club

Thursday | July 18th | 10am –12pm

Meets on the 1st and 3rd Thursday of every month.

Looking for a relaxing and creative way to spend your Thursdays. Join us for a fun and friendly session.



Crochet Alley & Knit Row

Thursday | July 18th | 1pm-3pm

Meets on the 1st and 3rd Thursday of every month.

Discover the joy of knitting and crochet while socializing with fellow enthusiasts.



McCracken County Homemakers present

“Taste of McCracken: Cooking for Scholars”

Friday | September 27 | 5:30pm-7:30pm

Get your tickets now!! Cost \$10 per ticket

There will be door prizes, cookbooks, and great food. A ticket is required to attend this event. For more information call 270-554-9520— Proceeds benefit Juanita Amonett Scholarship Fund.



Recruiting Volunteers

Volunteers with a passion for cooking and educating others on cooking skills and food safety are needed in McCracken County. If you enjoy cooking and want to help others, consider becoming a Champion Food Volunteer. Please call 270-554-9520 or email Kelly Alsip at kelly.alsip@uky.edu for more information.



Offsite Events

Horticulture Walking Club

Wednesday | July 3rd, 10th, 17th & 24th |

11am-12pm

Meets every Wednesday

Come join us for a nature walk on the **Greenway Trail**. We will meet at the Skate Park Entrance. Call 270-554-9520 to sign up. Snacks and drinks will be provided.



Laugh and Learn

Tuesday | July 16th | 11am-12pm

Join us at the **McCracken County Public Library** for an exciting adventure with water-themed activities! These playdates aren't just about fun—they're designed to help your little ones develop essential kindergarten readiness skills in a supportive and engaging environment .



Youth 9-18

4-H Camp Counselor Orientation

Tuesday | July 9th | 5:30pm

Mandatory orientation for all adult and teen counselors attending 4-H Camp with McCracken County this summer. Please reach out to Heather Wynn at hnhu234@uky.edu with any questions.

4-H Camper Orientation

Tuesday | July 16th | 6pm

or

Saturday | July 20th | 10am

Camper orientation is mandatory for all NEW campers this year. If you have attended camp before, you are not required to attend, but you are welcome to join us. Cabin assignments will be available at the camper orientation! Please reach out to Heather Wynn at hnhu234@uky.edu with any questions.



We're calling on volunteers to join us in expanding our educational programming!

At MCCE, our mission is to provide valuable learning opportunities to our community, and volunteers play a crucial role in helping us achieve that goal. Whether you have a special skill to share or simply want to give back to your community, we'd love to have you on board.

Most of our classes are provided free of charge and are taught by community members like you. Your expertise and passion can make a real difference in the lives of those we serve.

Interested in joining us? Contact us at (270) 554-9520 to learn more about how you can get involved. Together, we can make a positive impact and empower others through education.



Facebook page:

<https://www.facebook.com/themccrackenextension>



Martin-Gatton
College of Agriculture,
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McCRACKEN

COOPERATIVE
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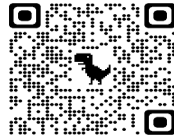


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mccracken.ca.uky.edu



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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities
accommodated
with prior notification.