



March 2025 Events

McCracken County Extension Office

2025 New Holt Rd | Paducah, KY 42001

270-554-9520 | mccracken.ext@uky.edu



KENTUCKY  
COOPERATIVE EXTENSION

UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT
KSU COLLEGE OF AGRICULTURE, COMMUNITY AND THE SCIENCES



Adults 18+

Adult Sewing

Tuesdays | March 4th, 11th, & 25th | 9am-11am

This self led group is great for a seasoned pro or a beginner. Bring your own project and join us on Tuesdays. This group does NOT meet on the third Tuesday of the month.

Game Day, Come Play!

Tuesday & Thursday | March 4th & 20th | 9am-12pm

Board Games, Card Games, Dice Games

New to games, we'll teach you how to play.

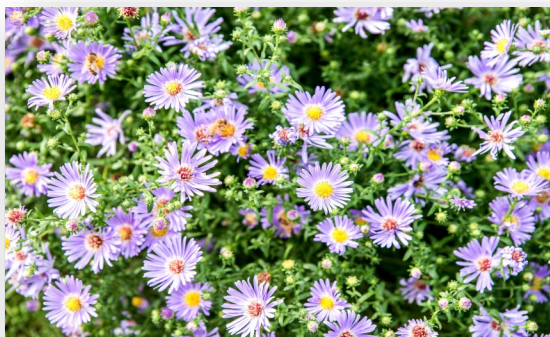
Meets on the 1st Tuesday and the 3rd Thursday of every month.

Game Day welcomes all adults ages 18 and above. Whether you're a seasoned gamer or just looking for some friendly competition. Grab your friends and family and bring your gaming spirit!

Native Plants

Tuesday | March 4th | 5pm-6pm

Join us at the extension office to hear all about native plants for Kentucky. The program will be taught by Frannie Preston, Invasive Species Outreach from University of Kentucky. Please RSVP by calling 270-554-9520. This program is free.



Chair Yoga

Wednesdays | March 5th, 12th, 19th, & 26th | 10am-11am

Meets every Wednesday

Cost: \$3.00

Certified instructor, Suzi Renaud, will lead this class. There is a \$3 fee for each session. Pay at the door. All experience levels welcome including limited mobility.



McCracken County

Beautification Board Meeting

Wednesday | March 5th | 10am-11am

If you are interested in joining, please feel free to attend our meeting. Our purpose is to promote projects of civic beautification and nature, to make McCracken County a cleaner, healthier, safer and more beautiful place in which to live and work.

Needlework Circle

Thursday | March 6th & 20th | 10am-12pm

Meets on the 1st and 3rd Thursday of every month.

Looking for a relaxing and creative way to spend your Thursday? Join us for a fun and friendly group, where you can bring your current projects, share ideas, and learn along side others.

Crochet Alley & Knit Row

Thursday | March 6th & 20th | 1pm-3pm

Meets on the 1st and 3rd Thursday of every month.

Gather your supplies and enthusiasm for crocheting and knitting as you connect with fellow enthusiasts in a fun social setting.



Loon Lake Wall Hanging

This is a 3 Day Class with limited spots available

Friday | March 7th, 21st, and April 4th |

9am-12pm

Registration is \$20.00 (Hanging is 15"x13")

This is a beginners class. We will make a very simple wall hanging involving raw edge applique, quilting and binding by using your backing fabric. Experience needed: recent experience using a sewing machine. A kit with everything you need will be provided so all you need to bring is an eagerness to learn!



District Board Meeting

Monday | March 10th | 11am-12pm

Meets on the 2nd Monday of every month.

Please join us at our next District Board meeting! The meeting is open to any community members that are interested in making an impact in their community. To attend, please **RSVP by calling our office at (270) 554-9520**; a meal will be provided.

Tech Class: Spreadsheets 1

Wednesday | March 12th | 10am-11am

Google Sheets is a free online program similar to Excel. We'll look at a spreadsheet template and go over the menu options and talk about the uses of spreadsheets. This is a beginner's class, so if you don't know what spreadsheets are or why you would ever want one, this is for you!



Cajun Cooking Class

Thursday | March 13th | 5pm-7pm

We will be having a hands on demonstration and meal of Alligator Sauce Piquant, and Smothered Okra. **Registration required.**



Arts & Crafts: Hardanger Embroidery (Norwegian Embroidery)

Friday | March 14th | 9:30am-1:30pm

Cost \$5 Pay at door **Registration Required**

Hardanger is a unique type of needlework cutwork that originated in Norway. Participants are required to bring a 7-inch embroidery hoop and scissors. Sign up soon to learn this fascinating craft! While some embroidery experience is helpful, it is not necessary to participate.



Bags of Love

Tuesday | March 18th | 9:30am-1:30pm

Meets on the 3rd Tuesday of every month.

It's My Very Own offers "Bags of Love" to displaced children in our community. Join this group as they create handmade quilts to include in the "Bags of Love".

Interracial Women's Group

Tuesday | March 18th | 12pm-1pm

We are women united by love and a shared commitment to understanding and celebrating diversity. Through friendship, we strive to bridge racial and cultural divides, support our community, and inspire others to embrace inclusivity.

Scrapbooking

Wednesday | March 19th | 9am-3pm

Meets on the 3rd Wednesday of every month.

Everything you always wanted to know about scrapbooking and paper crafting. Bring your photos, scissors, and your favorite adhesive. If you don't have scissors and adhesive, we will provide. Beginners and advanced scrapbookers welcome!



The Marshall & McCracken Extension Services Present:

WOODLAND CARBON MARKETS

Interested in making income off your woodland property?

Curious about voluntary carbon markets for woodlands? Join UK

Extension Professor, Jordan Shockley, for a free unbiased informational meeting. Learn what a carbon market is, about the status of carbon markets in the U.S., the opportunities for Kentucky woodland owners, practices required, the value of carbon credits, legal challenges and more!



Guest Speaker
Dr. Jordan Shockley,
UK Extension Economist

MON

March 31
2025

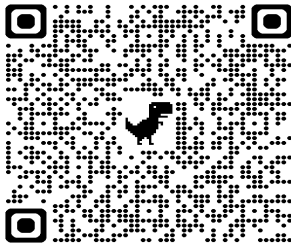
TWO CHANCES:
MARSHALL COUNTY AT 5:30PM
MCCRACKEN COUNTY AT 10:00AM

Better than Ever: Ceramic Planters with Specialty Glaze Technique

Monday | March 31st | 10am-12pm

Cost is \$20 Register at <https://www.betterthaneverhome.com/product/mar-31-2025-ceramic-planters-with-specialty-glaze-technique/2631?cs=true&cst=custom>

Better than Ever is going to teach you about a couple types of specialty glazes and how to choose the best combo to use on your project. You'll choose your own colors, paint the planter, we will fire it at our studio and let you know when it's ready to be picked up in about 7-10 days. Use the above URL or scan the QR below to register.



Class at McCracken County Extension Office

Learn this technique with Specialty Glaze Combos



Offsite Events

Join Us for a
Laugh & Learn Play Date!

Tuesday | March 18th | 11am-12pm

Come join us at the McCracken County Library for those of you who have children entering kindergarten soon. This program targets 3 – 5 year-olds and instructs parents on how to teach their children kindergarten readiness skills. This session's theme is "Rainbows".



Upcoming

CAMP GRAVES
"OPERATION WELLNESS"
A COMMUNITY RESOURCE AND HEALTH FAIR FOR ACTIVE MILITARY, VETERANS, AND CAREGIVERS.

For event updates, check us out on FB!!

April 3rd, 2025
2025 New Holt Road
Paducah, KY 42001

12:00 to 4:00PM

Door Prizes!
Swag Bags!

Cooperative Extension Service
Morris Gleason College of Agriculture, Food and Environment

KORH
Kentucky Office of Rural Health

Youth 9-18



New Year....New Season

New and Returning members:
Join us for orientation night
for all disciplines.

March 6, 2025 at 5 P.M.
McCracken County Extension Office

For questions contact: Rachael Davis
(270) 554-9520 or rachaelldavis@uky.edu

Virtual Voyagers Video Game Club

Monday | March 31st | 4:30pm-5:30pm

Registration required, call to register. For ages 9-14. Ages 15+ welcome as volunteers.

Hey gamers! Are you ready to level up your gaming experience? Join our Virtual Voyagers Video Game Club and dive into a world of fun, adventures, and epic battles!



Exploring Careers with 4-H During Spring Break 2025

Marketing Careers April 8th from 9 am to Noon

Grades: 6-12

Location: McCracken Extension Office



Ag Careers April 7th from 9 am to Noon

Grades: 6-12

Location: McCracken Extension Office



Living in Space April 10th from 1 pm to 3 pm

Grades: 5-12

Location: Challenger Learning Center



Professional Headshots April 11th from 10 am to Noon

Grades: 6-12

Location: McCracken Extension Office



Legal Careers April 9th from 9 am to 3 pm and Mock Court on April 10th from 9 am to noon

Grades: 6-12

Location: McCracken Extension Office



Law Enforcement April 11th from 9 am to Noon

Grades: 6-12

Location: McCracken Extension Office



More events to be announced in our next month's calendar.
Keep a look out on our Facebook page for the event announcements.



Register for events
using this QR Code.

MCCRACKEN COUNTY COMMUNICATIONS DAY

MARCH 25, 2025
REGISTRATION BEGINS AT 5:30 PM
ORIENTATION AT 6:00 PM

Located at the Murray State Paducah Campus
 4430 Sunset Ave. Paducah, KY 42001
 PRE-REGISTER BY CONTACTING
 HEATHER HUNTER WYNN
HEATHER.HUNTER@UKY.EDU

UK Cooperative Extension Service

4-H
Cardmaking & Scrapbook Class

APRIL 10, 2025
9:00-12:00
AGES 9 - 18
 Registration Required
 learn scrapbooking techniques to design cards and scrapbook pages
 project qualifies for county fair entry

University of Kentucky
 College of Agriculture, Food and Environment
 Cooperative Extension Service

TEEN CONFERENCE

FIND YOUR SPARK AND BUILD FRIENDSHIPS

Event Highlights

Majors
 These workshops are held on the University of Kentucky campus, offering a unique opportunity for youth to experience college life and explore the academic resources available at UK.

Leadership Minor
 Focuses on developing essential leadership skills through targeted activities and discussions

Day of Service
 Participants engage in community service projects throughout Lexington

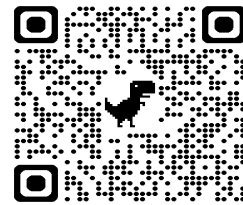
Social Activities
 These activities include CLOVER Fest, a formal dance, dorm life experience, and area night-out events. These events provide a fun and relaxed environment for youth to connect with their peers.

10th - 13th June 2025

About Our Event
 Kentucky 4-H Teen Conference is a comprehensive leadership development event tailored for high school 4-H members. This conference is designed to provide youth with a multifaceted experience that combines educational workshops, leadership training, community service, and social activities.

JOIN US!

Pre-registration – is NOW open, so start packing your enthusiasm and get ready for the most exciting week of your summer! Scan the QR code below for more information or to pre-register.



SAVE THE DATE

LET'S GO

CAMPING

JULY 28 - AUGUST 1, 2025

An Equal Opportunity Organization

KENTUCKY COOPERATIVE EXTENSION

Martin-Gatton
College of Agriculture,
Food and Environment

McCRACKEN

COOPERATIVE
EXTENSION
SERVICE



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<https://www.facebook.com/themccrackenextension>



@TheMcCrackenExtension

or visit our website

mccracken.ca.uky.edu



Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disabilities
accommodated
with prior notification.