

McCracken County Extension Office

2025 New Holt Rd | Paducah, KY 42001 270-554-9520 | mccracken.ext@uky.edu







Adults 18+

Game Day, Come Play!

Tuesday | October 1st & (17th Office Closed)
9am-12pm

Board Games, Card Games, Dice Games

New to games, we'll teach you how to play.

Meets on the 1st Tuesday and the 3rd Thursday of every month.

Game Day welcomes all adults ages 18 and above. Whether you're a seasoned gamer or just looking for some friendly competition. Grab your friends and family and bring your gaming spirit!



Adult Sewing

Tuesday | October 1st, 8th, 22nd, 29th | 9am-11am

Whether you're a seasoned pro or just starting, you're welcome to attend. Bring your own project and join us on Tuesdays.



Note: Our office will be closed October 17th-21st for scheduled maintenance on the building.

Toolbox: Tulips

Tuesday | October 1st | 5pm-6pm

Natalie Thodoropoulos, owner of Tulip Lane, will be educating the public on all things Tulips.



McCracken County Beautification Board Meeting

Wednesday | October 2nd | 10am-11:30am

If you are interested in joining, please feel free to attend our meeting. Our purpose is to promote projects of civic beautification and nature, to make it a cleaner, healthier, safer and more beautiful place in which to live and work.

Needlework Circle

Thursday | October 3rd & (17th Office Closed) 10am -12pm

Meets on the 1st and 3rd Thursday of every month.

Looking for a relaxing and creative way to spend your Thursdays. Join us for a fun and friendly session.



Crochet Alley & Knit Row

Thursday | October 3rd & (17th Office Closed) 1pm-3pm

Meets on the 1st and 3rd Thursday of every month.

Discover the joy of knitting and crochet while socializing with fellow enthusiasts.

Global Kitchen Experience: Baklava

Friday | October 4th | 5:30pm

Wednesday | November 6th | 10:30am

Pre-Registration is required by Sept. 30th for October's class

Pre-Registration is required by Nov. 1st for November's class.

This is a hands on class were we will be making baklaya.

Paint Fan Dance

Wednesday | October 9th | 1pm-3pm

EXPRESS YOURSELF! TRY SOMETHING NEW!

Paint Fan Dance is an expressive story dance/art class taught by artist Lady Van Tiger. Lady encourages people with limited mobility to join the class.



Tech Class: Managing Digital Photos

Wednesday | October 9th | 10am-11am

Learn how to backup photos online, how to put them on your computer, and how to organize files once they're on your computer.



Arts & Crafts: Button Tree on Canvas

Friday | October 11th | 9:30am

Cost: \$5.00

This class is for ages 18+. Register by Oct. 8th

Participants will make a button tree on an 8x10 canvas. Class sizes is limited. Call to register 270-554-9520



District Board Meeting

Monday | October 14th | 11am-12pm

Meets on the 2nd Monday of every month.

Please join us at our next District Board meeting! The meeting is open to any community members that are interested in making an impact in their community. To attend, please **RSVP** by calling our office at (270) 554-9520; a meal will be provided.

Bags of Love

Tuesday | October 15th | 9:30am-1:30pm

Meets on the 3rd Tuesday of every month.

It's My Very Own provides "Bags of Love" to children in our community who are displaced. Join this group as they sew handmade bags to hold contents for children's immediate needs.



Scrapbooking

Wednesday | October 16th | 9am-3pm

Meets on the 3rd Wednesday of every month.

Everything you always wanted to know about scrapbooking and paper crafting. Bring your photos, scissors, and your favorite adhesive. If you don't have scissors and adhesive, we will provide. Beginners and advanced scrapbookers welcome!

Air Sculpt Yoga

Wednesday | October 23rd | 1pm-3pm

Spend 30 minutes energizing with "Air Chair Yoga," then get into a "State of Flow" creating an "Air Sculpture." "Harvest Moon" (with magnetically attached bats) & "Christmas Moon" (with magnetically attached Nativity & an LED light for the star).







Cost is \$40 per person.

Better Than Ever: 3D Door Hangers

Monday | October 28th | 1pm-4pm

Join Better Than Ever at the McCracken County Extension Office to paint Fall or Halloween Door Hangers! There will be 6 choices to choose from.

COST: (2 sizes)

18" circle door hanger. (\$45) 12" circle door hanger. (\$25)

Registration is required through Better than Ever. Please use the URL QR code below.





Upcoming

McCracken County Homemakers Holiday Bazaar & Vendor Fair

Saturday | November 2nd | 8am-3pm

Come and browse our selection of locally made items and treats to support our community. Over 25 vendors!

Offsite Events



Laugh and Learn Play Date

Tuesday | October 15th | 11am-12pm

Come join us at the McCracken County Library for those of you who have children who will be entering kindergarten. This program instructs parents how to teach their children kindergarten readiness skills. This session's theme is "The Zoo," offering a delightful opportunity for kids to explore zoo life through interactive play and activities.



Youth 9-18

Exploring Careers with 4-H: AG Careers

Monday | October 7th | 9am-3pm

Grades 6-12

McCracken County Ag Agent Gracey Moffitt and local Ag leaders will be discussing Ag Careers in our local community and beyond.

4-H Amateur Radio Club

Tuesday | October 8th & 22nd | 5pm

Learn the benefits of HAM radio. Gain knowledge to earn license. This is a hands on class. Only for ages 12 and up. Call to RSVP 270-554-9520



Exploring Careers with 4-H: Law Careers

This is a two day course.

Tuesday | October 8th | 9am-3pm

Wednesday | October 9th | 9am-12pm

Grades 6-11

Learn how cases go through the court system and participate in a mock court trial on the second day.

Note: Our office will be closed October 17th-21st for scheduled maintenance on the building.

Resume and **Interview Skills Class**

West Kentucky Workforce

October 9 1 to 3 PM

Overview:

- Learn from Mary Anne Medlock from West Kentucky Workforce Board.
- Explore future jobs, build resumes for a variety of careers, participate in a mock interview, and prepare for your first day of work!
- 2025 New Holt Road Paducah, KY 42001
- For more information, please contact Rachael Davis at 270 554-9520 or Rachaelldavis@uky.edu.

What is required to attend:

- McCracken county resident or attend school in McCracken County.
- Currently In 6th thru 8th grade.
- Bring a laptop (limited amount avaible for borrowing)
- Registration is required due to limited spots.



EXPLORING CAREERS



$\mathbf{W}\mathbf{T}\mathbf{T}\mathbf{H}$ $\mathbf{H}\mathbf{-}\mathbf{H}$

October 10 9 am to 3 PM







Overview:

- · Talk to recruiters about each of their branches.
- Learn about careers within the military and benefits of joining the military.
- · Lunch will be provided.
- · Held at the McCracken County Extension Office at 2025 New Holt Road Paducah, KY 42001

What is required to attend:

- Currently In 9th thru 12th
- Have interest in the military.
- Register online via QR Code



For more information, please contact Rachael Davis at 270-554-9520 or Rachaelldavis@uky.edu.

Exploring Careers with 4-H: Law Enforcement Careers

Friday | October 11th | 12pm-4pm

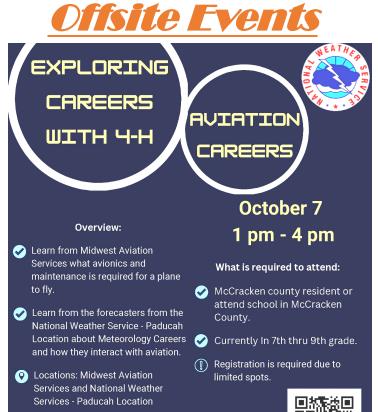
Grades 6-10

Become a Jr. Detective with the Paducah Police Department and work a mock crime scene.









4-H Team Retreat

For more information, please contact Rachael Davis at 270-554-9520 or Rachaelldavis@uky.edu.

Friday-Sunday | October 25th-27th

Explore new and exciting opportunities in 4-H, connect with other young people, attend workshops to build leadership skills, make a difference through community service and civic engagement, develop a growth mindset and learn goal-setting and management

Cost: \$90.00

Call to register: (270) 554-9520



Martin-Gatton College of Agriculture, Food and Environment

McCRACKEN

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