



CLOVER CONNECTION

2024 4-H Camp



4-H Camp was an incredible success this year, with 166 people in attendance, including volunteers, campers, and agents. This marked our highest attendance since 2004, demonstrating the growing impact and enthusiasm for our camp program. Make sure to keep an eye out for our 2025 camp dates announcement in October!



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Your 4-H Agents

Your 4-H Agents are Lisa Dodson, Rachael Davis, and Heather Hunter.



Forensic Science Day

Presented by the Paducah Police Department's Detectives, Assistant Commonwealth Attorney Nick Jones, and Professor Reese. Participants solved a mock crime scene, conducted interviews, and presented evidence during a mock court case. Participants also learned about special effects with cameras. Due to the high demand to explore these topics, we will be doing a spin off of this day during fall break.



Robotics Clubs

Lego Robotics Clubs are all about completing tasks with your robotics with the code you input. Each task is worth a certain amount of points. We have elementary, middle school, and high school teams that compete at the regional and state level. We had a team in each division to go to state and each of them placed first in their respective division. If your youth wants to participate, please email rachaelldavis@uky.edu.

Rocket Team

4-Hers in the 4-H Rocket Team were able to take part in the American Rocketry Challenge. They had to design a rocket to send an egg into the air (up to 850 feet) and return without breaking the egg. We had 3 teams in the club and one of the teams qualified to go to Nationals in The Plains, Virginia. They were led by Alex Senig and Professor John Maddox. The club is free to join and participate in. We will have this club again for any interested highschoolers that would like to join. Email rachaelldavis@uky.edu for more information.



Apple Nachos

Ingredients:

- ¼ cup peanut butter
- ¼ cup non-fat Greek yogurt
- 2 tablespoons milk
- 1 tablespoon honey
- 2 red apples, cored and cut into ¼ inch slices
- 2 green apples, cored and cut into ¼ inch slices



Directions:

1. In a blender, combine peanut butter, yogurt, milk and honey. Blend until smooth.
2. Place apple slices on a large plate or platter and drizzle with peanut butter sauce.
3. Add toppings of choice if desired and serve immediately.

Source: Renee Fox, Nutrition, Marketing and Media Specialist for Kentucky Nutrition Education Program, University of Kentucky Cooperative Extension Service

Nutrition facts per serving: 160 calories; 6g total fat; 1g saturated fat; 0g trans fat; 0mg cholesterol; 5mg sodium; 27g carbohydrate; 4g fiber; 20g sugar; 4g protein; 2% Daily Value of vitamin A; 8% Daily Value of vitamin C; 4% Daily Value of calcium; 2% Daily Value of iron. *Nutrition facts do not include optional toppings



Poultry Club

This is a new addition to our club list. Led by Lindsey Hughes, youth will learn about poultry and how to compete in showmanship with their chickens. They will learn about the development of their chicken and how to take care of them. This is open to youth ages 9-18. If you would like more information on this club please email Rachael Davis at Rachaelldavis@uky.edu.

Teen Retreat

Explore new and exciting opportunities in 4-H, connect with other young people, attend workshops to build leadership skills, make a difference through community service and civic engagement, develop a growth mindset and learn goal-setting and management

Cost: \$90.00

Call to register: (270) 554-9520

SAVE TEEN RETREAT

OCTOBER 25-27

2024

THE

DATE

West KY
4-H Camp

CONTACT YOUR 4-H AGENT
FOR MORE INFORMATION!

Shooting Sports

June Match

Name	Age	Medals
Kenton	9-11	1st in Target Recurve Archery, 1st in Bare Recurve Archery, 5th in 25 birds
Mason	12-14	2nd in Bare Compound, 8th in Air Pistol
Waylon	9-11	2nd in 50 Birds
Isaac J.	9-11	5th in .22 Sport Rifle, 1st in Bare Compound, 6th in Air Pistol, 2nd in 25 Birds
Parker	9-11	1st in 50 Birds
Ian	12-14	3rd in Bare Compound, 7th in Air Pistol
Nathan	15-18	5th in .22 Pistol



State Shooting Sports Competition

Name	Age	Medals
Isaac	9-11	24th Place in Division 1, 68th in .22 Rifle, 26th in Archery Bare Compound
Kenton	9-11	26th place in Division 1,
Parker	9-11	2nd place in Division 2 with a straight 25 clays.

Hot Shots, the 4-H Shooting Sports team had a very active year. They partnered with the Kentucky Department of Fish and Wildlife to offer hunter's education with Courtney Goodman with over 10 youth to complete the course. They introduced a new event called "Shoot With A Cop" where the Paducah Police Department and the McCracken County Sheriff's Department shot with participants. It was pouring rain but still had youth participate.

August Match

Name	Age	Medals
Kenton	9-11	2nd in 25 birds, 1st in Bare Recurve Archery, 1st in Target Recurve Archery
Jack	9-11	3rd in 25 birds
Waylon	9-11	1st in 50 birds
Isaac J.	9-11	5th in bare compound, 3rd in Air Pistol, 9th in .22 Sport Rifle
Warren	12-14	1st in .22 Pistol
Isaac M.	12-14	7th in Air Pistol
Nathan	15-18	4th in .22 Pistol
Tyson	9-11	6th in BB Rifle, 8th in .22 Sport Rifle



Exploring Careers With 4-H

Ag Careers- On October 7 from 9:00 AM-12:00 PM. Youth in grades 6-12 are invited to learn about Ag Careers in our local community and beyond. McCracken County Ag Agent Gracey Moffitt will lead this program.

Aviation Careers- On October 7 from 1:00-4:00 PM. Youth currently in grades 7-9 can learn from Midwest Aviation Services what avionics and maintenance are required for a plane. Also learn from the National Weather Service Paducah Location Forecasters and how they interact with aviation. This program will be hosted at the Midwest Aviation Services and National Weather Services.

Legal Careers- on October 8th (9:00 AM-3:00 PM) and October 9th (9:00 AM-12:00 PM). Youth grades 6-11 will learn how a court case is processed through the system. Assistant Commonwealth Nick Jones and Judge James Mills will lead them. The youth will be able to become a courtroom member on the second day with a mock court case.

Resume And Interview Skills- On October 9 from 1:00-3:00 PM. Youth in grades 6-8 can learn from Mary Ann Medlock with the West Kentucky Workforce Board to explore future jobs, build resumes, participate in mock interviews and prepare for their first day of work.

Military Careers- On October 10 from 9:00 AM -3:00 PM. Youth in grades 9-12 can meet with military recruiters to learn about each branch. Participants will be able to learn about careers within the military and the benefits of joining. Lunch will be provided.

Law Enforcement- On October 11 from 12:00-4:00 PM. Youth in grades 6-10 will become a Jr. Detective for the afternoon and solve a mock crime scene. Paducah Police Department will lead the case.

Pre-registration for the fall break events are required due to limited spots! Use the QR Code to the left to sign up now!!





Communications Day

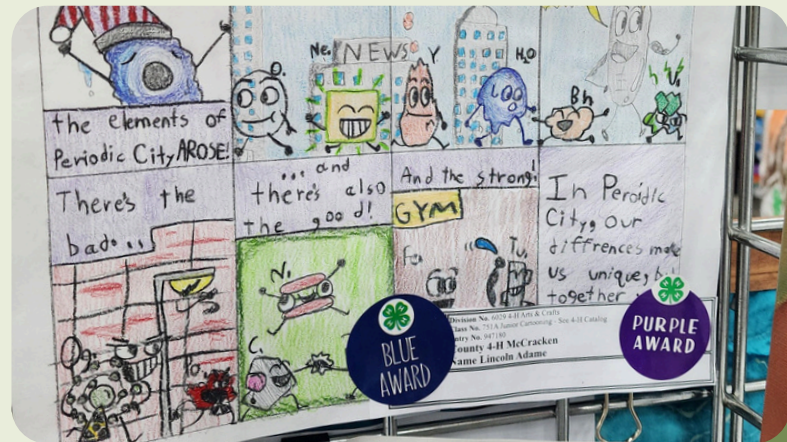
McCracken County's Communications Day Contest was a resounding success, with 44 participants showcasing their talents at the county level. Of these, 17 participants advanced to the Area Communications Contest held in Murray, and an impressive 8 competitors moved on to the State competition in Nicholasville. The dedication and skill of our youth were evident as one of our participants, Christy P. achieved a remarkable 3rd place at the state level in her category, highlighting the exceptional communication abilities within our county. We would also like to congratulate James P, Lucas L, Annabelle L. and Emerson C for receiving blue ribbons at the state competition

McCracken County Fair

The McCracken County Fair saw an impressive turnout from 4-H youth this year, with approximately 157 young participants entering a wide variety of projects in the 4-H Youth Division. These entries showcased the creativity, dedication, and hard work of our local youth. The total premium payout for the division reached \$1,880, rewarding the efforts of these talented individuals.

This year, we had 47 Grand Champion winners at the county level, an achievement that highlights the exceptional quality of the projects submitted. These champions then had the exciting opportunity to have their work judged and displayed at the Kentucky State Fair in Louisville. At the state level, McCracken County continued to shine, with 15 youth winning across 25 entries. Lincoln A. proudly earned a Grand Champion title for his cartoon drawing.

The 4-H youth who participated in the fair demonstrated a strong commitment to excellence, and we are proud to celebrate their accomplishments. Congratulations to all the participants and thank you to everyone who supported these youth throughout the fair season!



Fair Project Days

This summer was packed with excitement as youth participated in a variety of 4-H Project Days, working on projects that could qualify for entry in the McCracken County Fair and potentially advance to the Kentucky State Fair. Some of the hands-on workshops included sewing, card making, baking, wool felting, various art classes, leather crafting and forestry project books. Each of these activities allowed the youth to explore new skills and develop their creative passions. A huge shoutout goes to the incredible volunteers who dedicated their time and energy to mentor and inspire our 4-H youth. Their investment helped spark a love for learning and 4-H that will last a lifetime. Thanks to their support, many of these young participants showcased their hard work at the county fair and advanced on to the state level. For more information on what qualifies as a fair project check out the KY State Fair Catalog at <https://4-h.ca.uky.edu/kentucky-4-h-state-fair>



Amateur Radio Club

Join us on the 2nd and 4th Tuesday of each month from 5:00-6:00 PM for Amateur Radio Club. This club is for youth ages 12 and up to gain knowledge and earn their “HAM” Radio license. Youth practice their communication skills with hands on fun! Call the office to RSVP at 270-554-9520.

Chess Club

Join us on the 1st and 3rd Thursday of each month from 5:00-7:00 PM for Chess Club. This club is for youth ages 9-18, and all skill levels are welcome! Call the office to RSVP at 270-554-9520.



The McCracken County Teen Club is a fantastic opportunity for 8th-12th graders to build leadership skills, improve communication, and engage with the community! Meetings are held bi-monthly from 5:00 PM - 6:30 PM, alternating with Area Teen Council meetings that take place in different counties. This teen-led group focuses on leadership, communication, and community service, with members helping to plan and lead the West 1 & 2 Area Teen Roundup each spring. Transportation will be provided for Area Teen Meetings with prior registration. Join us and take part in shaping the future!

Teen Club



Art Club

Join us on the 1st Tuesday of each month from October-May from 4:00-5:00 PM for Art Club. This club is for ages 9-12 and will focus on learning drawing, painting, and sculpting. Participants need to wear old clothes as they could get paint on them. This club does fill up fast so call the office to register 270-554-9520!



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