



CLOVER CONNECTION



Save The Date 4-H Camp!!!

Get ready for the ultimate summer adventure! Mark your calendars for July 28-August 1, 2025, because we're gearing up for another unforgettable week of fun, friends, and fantastic experiences at 4-H Camp! Whether it's ziplining through the trees, fishing by the lake, campfire songs, or making lifelong friendships, there's something for everyone! Camp registration opens soon so start packing your enthusiasm and get ready for the most exciting week of your summer!

FOLLOW US ON FACEBOOK!!!



4-H Clover Winter Photo Contest

Grab your camera and show off your photography skills! Enter our Winter 4-H Photo Contest happening January 1 - February 1, 2025.

Prizes will be awarded for each category and age division for 1st - 3rd place!

Email entries to: lisa.dodson@uky.edu

Winners will be showcased at the McCracken County Fair, where they can earn ribbons and prize money! Plus, 1st place winners in each division will advance to represent McCracken County at the Kentucky State Fair! Don't miss this opportunity to shine—start snapping those winter moments!



Cooperative Extension Service

email entries to: lisa.dodson@uky.edu

4-H WINTER photo contest

January 1 - February 1

contest divisions are based on the year as of January 2025

Cloverbuds: 5-8 year olds
Juniors: 9-13 year olds
Seniors: 14- 18 Year olds

categories:

- Forest: photo of large area dominated by trees
- Water: photo of still or moving water
- Plant life: photo of plants
- Natural science: photo showing a natural scene
- Wildlife: photo showing unrestrained wildlife in natural habitat

an equal opportunity organization

McCracken County Cooperative Extension
2025 New Holt Rd
Paducah, KY 42001
(270) 554-9520

4-H Leather Club

January 14
February 11
March 11
April 18
May 13

5:00 -7:00
Ages 9-13



to register

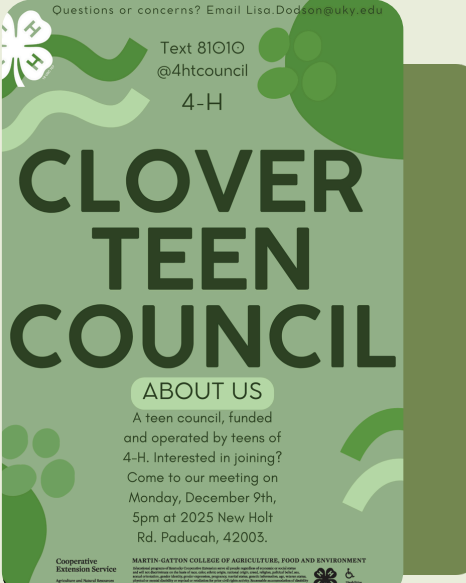
- Class Focus
- stamping
 - dyeing
 - stitching
 - understanding tools

4-H Leather Club

4 Interested in learning about leatherworking? Join us to explore dyeing leather, using tools, and stitching techniques! Meetings are held on the 2nd Tuesday of each month from January to May, 5:00-7:00 PM. Call to register and reserve your spot!

4-H Clover Teen Council

Join us for a 4-H Teen Council Meeting on December 9th from 5:00-6:30 PM! This club is open to 8-12th graders and offers exciting opportunities to learn or improve your leadership and communication skills, meet new friends, and build real-world skills that will help you become resilient and adaptable lifelong learners. Call to register so we know you are coming. A taco bar will be provided!



Questions or concerns? Email Lisa.Dodson@uky.edu

Text 81010 @4htcouncil
4-H

CLOVER TEEN COUNCIL

ABOUT US

A teen council, funded and operated by teens of 4-H. Interested in joining? Come to our meeting on Monday, December 9th, 5pm at 2025 New Holt Rd. Paducah, 42003.

Cooperative Extension Service
Martin Gayton College of Agriculture, Food and Environment

Apple Grilled Cheese

Ingredients:

- 2 teaspoons butter
- 4 slices whole wheat bread
- 2 slices American or cheddar cheese
- ½ cup spinach
- 1 teaspoon honey
- 1 apple, cored and thinly sliced



Directions:

1. Place a medium skillet over medium heat. Butter one side of each slice of bread.
2. Place one slice of bread in skillet, butter side down. Top with two slices of cheese and 3-4 pieces of spinach. Drizzle with honey. Place 2-3 apple slices on sandwich.
3. Top sandwich with other slice of bread, butter side up. Cook for 2-3 minutes, or until golden brown and flip.
4. Repeat for next sandwich or if your skillet is large enough, you can do two at a time.

Source: KYNEP 2020 Food and Nutrition Calendar: Katie Shoultz, Extension Specialist, University of Kentucky Cooperative Extension Service
300 calories; 12g total fat; 6 saturated fat; 0g trans fat; 30mg cholesterol; 370mg sodium; 39g carbohydrate; 3g fiber; 15g sugar; 3g added sugar; 11g protein; 0% Daily Value of vitamin D; 15% Daily Value of calcium; 6% Daily Value of iron; 2% Daily Value of potassium.



Poultry Club

This is a new addition to our club list. Led by Lindsey Hughes, youth will learn about poultry and how to compete in showmanship with their chickens. They will learn about the development of their chicken and how to take care of them. This is open to youth ages 9-18. If you would like more information on this club please email Rachael Davis at Rachaelldavis@uky.edu.

Art Club

Join us for Art Club! This club is for ages 9-12 and begins January 7 from 4:00-5:00 PM. The January club project is winter wax art. Space is limited so call to register 270-554-9520!





Santa Elves Workshop

Santa's Elves Workshop: Join us for a festive day of fun and learning at our Santa's Elves Workshop on December 20th from 9:00 AM - 1:00 PM at the McCracken County Cooperative Extension office! This event will feature activities in STEM, agriculture, communication skills, and more. It's a great opportunity for youth to learn and have fun during the holiday season. Youth will be walking to a nearby assisted living home to sing holiday songs.

Lunch will be provided. Call to register and secure your spot!

4-H Baking Club

Join our Baker's Dozen 4-H Baking Club and learn how to create delicious baked goods. This hands-on class is open to youth ages 13 and up, where you'll master the art of baking pastries, cookies, and more. Whether you're a beginner or looking to sharpen your skills, this class will be a fun and rewarding experience. Call today to reserve your spot and get ready to bake up something special!


 An illustration of a baker wearing a white chef's hat, a brown shirt, and a green apron, mixing ingredients in a bowl with a spoon. A rolling pin is nearby.



CLUB

Ages 13-18

Club Dates:
 January 27
 February 3, 10, 17, 24
 March 3, 10

5:00-7:00 p.m.

limited class size call to

Goodwill Challenge

The Goodwill Meets 4-H Challenge is a partnership between 4-H and Goodwill of Kentucky that encourages young people to explore thrifting and upcycling, as well as prepare them to enter the State Fashion Revue and the State Fair. The Challenge takes place on Goodwill of Kentucky's Facebook and Instagram pages, and we will be sharing the posts on Kentucky 4-H's social media platforms. The judging is 50% the number of likes the young person gets and 50% the judges' scores. Registration begins in January so keep an eye on our Facebook page!



Shooting Sports Registration

We are thrilled to announce that our Shooting Sports Program will begin this March, and we can't wait to invite you all to participate! Whether you're a seasoned shooter or a complete beginner, this program is designed to cater to all skill levels and ages 9-18.

Our Shooting Sports Program emphasizes safety, skill development, and teamwork. Participants will have the opportunity to learn from experienced instructors, practice in a safe environment, and enjoy the camaraderie of fellow shooting sports enthusiasts. We will cover various disciplines, including shotgun, rifle, archery, and pistol. Keep an eye out for updates on Facebook!



Written Communication Contest

The Kentucky 4-H Written Communications Contest is an opportunity for young writers to showcase their talents and develop and build upon essential life skills. Whether it's poetry, songwriting, essays, or original monologues this contest has something for everyone. For more information call the office or email Lisa Dodson at lisa.dodson@uky.edu by January 17.

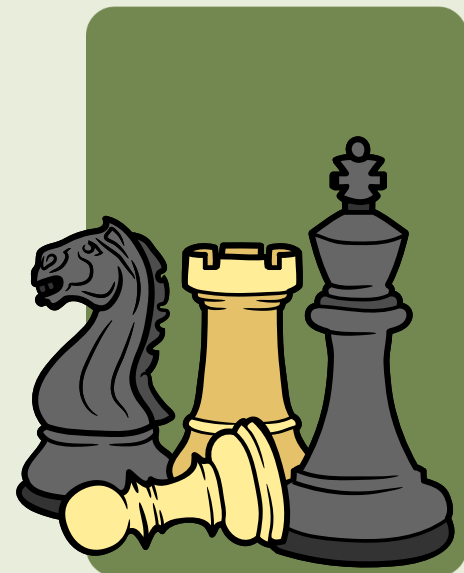


Chess Club

Are you ready to dive into the exciting world of chess? The 4-H Chess Club invites kids of all skill levels to join us for fun, friendship, and strategy!

Whether you're a beginner or an experienced player, you'll learn the rules, improve your skills, and challenge your friends in friendly matches. Each Saturday at [Location] from [Time] to [Time], we'll hold lessons, tournaments, and more!

Don't miss your chance to be part of the 4-H Chess Club! Call the office to sign up today!



Issues Conference

At the recent Kentucky 4-H Issues Conference held at Dale Hollow State Park, two of our 4-H agents and one enthusiastic youth delegate actively participated. They engaged in various workshops and discussions, contributing their insights and ideas on pressing community issues. Their involvement not only highlighted the importance of youth voices in decision-making but also showcased the collaborative spirit of the 4-H community. Together, they worked towards developing actionable solutions and fostering a sense of empowerment among all attendees.



Virtual Voyagers

Why Join?

Play Together: Team up with friends and make new ones as you explore different games and challenges.

Learn and Grow: Discover new strategies, tips, and tricks from fellow gamers.

Creative Challenges: Show off your skills in game design and storytelling with our creative challenges.

Don't miss out on the fun! Grab your controller and get ready to embark on an unforgettable gaming journey. See you in the game zone!



U MASS Career Exploration Series- NOAA

This free program from our 4-H friends in Massachusetts.

The UMass 4-H Career Exploration Series has presenters from NOAA (National Oceanic and Atmospheric Administration) coming in December! Join us on Wednesday, December 11, from 6-7 PM (Central Time), via Zoom. Designed for middle and high school-age youth but open to ALL! Sarah & Jan will be discussing their work with NOAA.

Let's find out if this is a career path for you. Ask the questions you want to ask!

To register: <https://bit.ly/4-HCES12-11-24>



LEGO Club

Are you a creative builder with a passion for Legos? Do you love working on fun projects and making new friends? Then the 4-H Lego Club is perfect for you!

In our club, you'll get to:

Build amazing Lego creations and showcase your skills.

Participate in exciting challenges

Learn new techniques and tips from fellow Lego enthusiasts.

Collaborate on group projects and develop teamwork skills.

Whether you're a seasoned builder or just starting out, the 4-H Lego Club welcomes everyone. Come join us and let your imagination soar!



4-H LEGO CLUB FOR AGES 9-14

REGISTER NOW

Registration required
Call (270) 554-9520 to register

Communication, collaboration and lots of fun!

4:30 - 5:30 PM

- | | | |
|-----------------|--------------|--------------|
| ✓ January 14th | ✓ March 11th | ✓ April 22nd |
| ✓ January 28th | ✓ March 25th | ✓ May 6th |
| ✓ February 11th | ✓ April 8th | ✓ May 20th |

QUESTIONS? CONTACT:

Heather Hunter Wynn
heather.hunter@uky.edu

MCCRACKEN COUNTY EXTENSION SERVICE

2025 NEW HOLT RD.

Cooperative
Extension Service

Agriculture and Natural Resources
Humanities and Consumer Sciences
Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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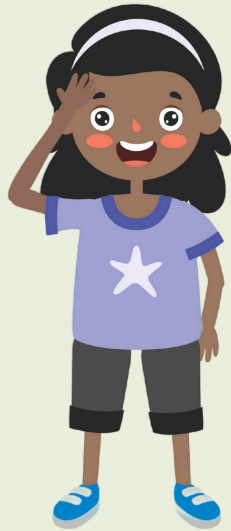
Equal Opportunity Office, Martin-Gatton College of Agriculture, Food and Environment, University of Kentucky, Room S-105, Agriculture Science Building, North Lexington, Kentucky 40546, the UK Office of Equal Opportunity, 13 Main Building, University of Kentucky, Lexington, KY 40506-0032 or

US Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410.



Please remember that clubs/meetings/programs sponsored by the McCracken County Extension will be cancelled if McCracken County Schools is closed due to weather!

4-H PLEDGE



I PLEDGE MY **HEAD**
TO CLEARER THINKING



MY **HEART**
TO GREATER LOYALTY



MY **HANDS**
TO LARGER SERVICE



AND MY **HEALTH**
TO BETTER LIVING

FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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Lexington, KY 40506



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with prior notification